



**Talking about your daily routine**



Read the worksheet, and check that you understand the questions. Prepare some answers (in your head, key words, or full sentences).

ワークシートを読み、以下の質問をきちんと理解しているか確認してください。質問に対する答えを頭の中、キーワード、または文章で用意しておいてください。

How has your daily routine changed since you started university?

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How do you wake up in the morning?

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Where do you live? (dormitory, apartment, with family)

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Do you go to sleep at the same time every night?

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Do you commute to RKU? How long does it take?

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What are your responsibilities at home? (cooking, cleaning, etc.)

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Do you prefer to cook or buy your food?

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Where do you eat your meals? What do you usually eat?

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What is one healthy habit you have?

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If you live alone, is it difficult to live by yourself? Why or why not?

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**Questions**

Ask the teacher about his/her daily routine. What will you ask?  
日課について先生に質問してみましょう！どんな質問をしますか？

**Memo**

Use this section to take notes during your conversation.  
このスペースは、セッション中のメモ欄としてお使いください。

**Feedback**

The teacher will give you some advice on what you need to learn/practice to improve your speaking. Make notes here.  
スピーキング力を上げるために何をすればいいのか、セッション終了後に先生からアドバイスがあります。アドバイスのメモを取りましょう。

